

GROUP DISCUSSION GUIDE

Easter – Romans 8 - 04.05.26

Romans 8:1–39



About this series:

As we step into this new Resurrection Life series, we are not just looking back at what Jesus has done but learning how to live in the power of His resurrection right now. Romans 8 gives us a clear and compelling picture of what it means to be fully alive in Christ, led by the Holy Spirit, and confident in God's love. This series invites us to move beyond a one-time decision and into a daily, Spirit-led transformation as we become a presence-centered people.

Goals of This Week's Discussion:

- Understand what it truly means to live with no condemnation in Christ.
- Recognize the role of the Holy Spirit in bringing transformation and new life.
- Rest in the security of God's love that cannot be taken away.

Connections with the 7 Marks of a Jesus Follower:

- **Keep in Step** – The Spirit leads us out of old patterns and into new life.
- **Walk in the Word** – God's truth reshapes how we see our identity and standing before Him.
- **Share Your Story** – Our freedom from condemnation becomes a powerful testimony of God's grace.

Suggested Starter Questions:

- When you hear the phrase "Resurrection Life," what comes to mind?
- Why do you think people struggle to believe they are fully accepted by God?
- Have you ever felt stuck in patterns you couldn't break? What did that feel like?

Read Romans 8:1–4

There is therefore now no condemnation for those who are in Christ Jesus.^[a] ² For the law of the Spirit of life has set you^[b] free in Christ Jesus from the law of sin and death. ³ For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin,^[c] he condemned sin in the flesh, ⁴ in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.

Discussion:

- What stands out to you about the phrase “no condemnation”?
- Why is it difficult to fully believe that God has nothing against us in Christ?
- How have you seen guilt or shame affect your relationship with God?
- What is the difference between conviction from the Holy Spirit and condemnation?

Read Romans 8:5–11

⁵ For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. ⁶ For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. ⁷ For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. ⁸ Those who are in the flesh cannot please God. ⁹ You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. ¹⁰ But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. ¹¹ If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus^[a] from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

Discussion:

- What does it look like to set your mind on the Spirit rather than the flesh?
- How does the Holy Spirit bring real change in a person's life?
- Where have you experienced the tension Paul describes between what you want to do and what you actually do?
- Why is transformation impossible without the Spirit?

Read Romans 8:12–17

¹² So then, brothers,^[a] we are debtors, not to the flesh, to live according to the flesh. ¹³ For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live. ¹⁴ For all who are led by the Spirit of God are sons^[b] of God. ¹⁵ For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, “Abba! Father!” ¹⁶ The Spirit himself bears witness with our spirit that we are children of God, ¹⁷ and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

Discussion:

- What does it mean to be a child of God rather than living in fear?
- How does adoption into God’s family change your identity?
- Why do you think we often live like we still have something to prove?

Read Romans 8:37–39

³⁷ No, in all these things we are more than conquerors through him who loved us. ³⁸ For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, ³⁹ nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Discussion:

- What stands out to you about the promise that nothing can separate us from God’s love?
- Why do we sometimes feel distant from God even if this is true?
- What are some things people believe can separate them from God?
- How does this truth change the way we face hardship or suffering?

Reflection:

- The sermon described two core human needs: acceptance and connection with God.
- Where do you see those needs show up in your life?
- How do “no condemnation” and “no separation” meet those needs?
- Why is it possible to experience salvation but not transformation?
- What would it look like for you to fully live in “Resurrection Life” this week?

Application:

- Identify one area where you still feel condemnation and replace it with God’s truth.
- Spend time this week intentionally listening to and following the Holy Spirit.
- Remind yourself daily of your identity in Christ: forgiven, chosen, and secure.
- Take one step toward freedom in an area where you’ve felt stuck.

Pray:

- Thank God that there is no condemnation in Christ.
 - Ask the Holy Spirit to lead you into deeper transformation.
 - Praise God that nothing can separate you from His love.
 - Pray for Revive Church to live as a people fully alive in the Spirit.
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